



# Auburn Primary School

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Wednesday, October 21<sup>st</sup>, 2009

Dear Parents/Carers,

We have engaged LIFT Education to run a series of sexuality education workshops for the Year 5 and 6 students in the coming weeks.

The workshops each run for 90 minutes and cover many aspects of social, sexual and physical awareness for young people entering the puberty years. They are age appropriate and informative and the children find them a great deal of fun. The program is briefly outlined below, as well as the dates these sessions will operate.

**The Amazing Human Body – Friday November 6th**

Covers the reproductive body parts, the names and functions of each part, how and why bodies change and develop.

**The Miracle of Birth – Friday November 13th**

Covers the concept of conception, pregnancy and birth, with the emphasis on health and our place in nature.

**Growing Up and Loving It – Friday November 20th**

Covers all aspects of puberty and the changing adolescent body and mind.

The sessions are highly interactive and there is always a lot of laughter in these classes. Students very quickly overcome any feelings of embarrassment and awkwardness and join in the many activities with great enthusiasm. They will be encouraged to ask questions, use the question box, make comments and share stories. They will have a couple of small handouts to do at home and discuss with you. These can provide a wonderful opportunity for your child to tell you about the workshops.

Sexuality Education is part of the school curriculum and we view it to be an important opportunity for our students to discuss these topics in a relaxed environment with expert facilitators.

**The cost associated with these sessions is \$20, and we appreciate this being returned to the school, via the envelope attached, by Friday October 30<sup>th</sup>.**

Thank-you,  
The Year 5/6 Teachers and Elise Byrne